

### Requirements:

Participants must be licensed physical therapists, occupational therapists, physical therapist assistants, or graduate students in an accredited physical therapy program. Participants must wear exercise attire and shoes appropriate to fully participate in laboratory activities.

**CEUs:** 14.0 in the State of Michigan.

### Fees:\*

*(postmarked on or before 8/15/2012)*

Oncology Section Members	\$395.00
Non-Section Members	\$440.00

*(postmarked on or before 8/15/2012)*

Oncology Section Members	\$425.00
Non-Section Members	\$470.00

\*If three or more individuals from the same institution attend this symposium, they can take advantage of a \$25.00 reduction in fees for each attendee.

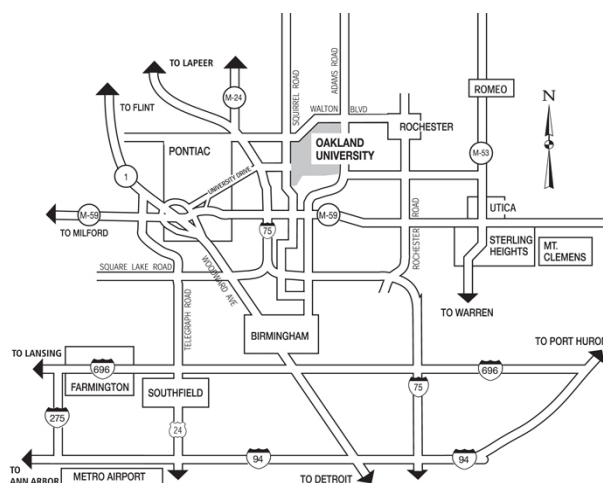
### Registration

Registration is available online at [www.oakland.edu/pace](http://www.oakland.edu/pace)

### Refunds:

Refunds will be given to participants cancelling one week before the conference. Refunds for cancellation will be subject to a \$50.00 administrative fee. Cancellations within one week of the conference will not be refunded. Oakland University reserves the right to cancel this conference and participants will receive a 100% refund in the event that this occurs.

## Oakland University Map



## Directions to Oakland University

### From I-75

I-75 to Exit 79 (University Drive)  
East about one mile to Squirrel Road

### From Telegraph Road

Telegraph Road to Square Lake Road  
To I-75 North  
Exit 79 (University Drive)  
East about one mile to Squirrel Road

### From M-59 East (from Pontiac)

M-59 past Wide Track Drive  
Stay in left lane, follow sign to University Drive  
Turn right on University Drive  
East about four miles to Squirrel Road

### From M-59 West (from Rochester)

M-59 to Squirrel Road Exit  
North on Squirrel Road about three miles

# Oakland University School of Health Sciences Physical Therapy Program & APTA Oncology Section

## Third Annual Oncology Rehabilitation Symposium

2012 Focus:  
Functional Massage, Oncology  
Nutrition, and Emotional Support  
Techniques for Individuals  
throughout the Stages of Cancer  
Survivorship

Friday August 24, 2012  
12:00 pm — 8:30 pm  
Saturday, August 25, 2012  
8:00 am — 1:30 pm

Faculty Presenters:  
Marie-Eve Pepin, PT, DPT, OMPT  
Jennifer Lucarelli, PhD  
Laura Munger, LMSW  
Deborah Doherty, PT, PhD, CEAS  
Jacqueline S. Drouin, PT, PhD

Oakland University  
Physical Therapy Program  
2200 N. Squirrel Road

## Program Faculty

**Marie-Eve Pepin, PT, DPT**, is an Assistant Professor in the Physical Therapy Program at Oakland University. She has 10 years of clinical practice experience in outpatient orthopedics with expertise in functional anatomy, examination and evaluation, therapeutic exercise and manual therapy. Her research interests are manual therapy examination and intervention techniques in the orthopedic and oncology population.

**Jennifer Lucarelli, PhD**, is an Assistant Professor in the Health Science Program at Oakland University. Dr. Lucarelli's expertise is in nutrition and human health. Her research focuses are obesity prevention through healthy eating and physical activity in children and vulnerable populations.

**Laura Munger, LMSW**, is a clinical and medical social worker with 22 years of experience. Her clinical work is focused on providing therapy to individuals, families, couples and adolescents in physical medicine and rehabilitation settings. Ms. Munger was formerly the Clinical Social Work Coordinator at the University of Michigan's Comprehensive Cancer Center and is currently working in private practice and speaking at workshops and retreats on stress management and emotional support topics.

**Deborah J. Doherty, PT, PhD**, is an Assistant Professor in the Physical Therapy Program at Oakland University. Dr. Doherty's expertise is the clinical evaluation and treatment of individuals with cancer utilizing manual therapy and functional exercise. Her research focus is evaluation and treatment of cancer survivors throughout the continuum of care. Dr. Doherty serves as the Secretary of the American Physical Therapy Association's Oncology Section.

**Jacqueline S. Drouin, PT, PhD**, is an Associate Professor in the Physical Therapy Program at Oakland University. Her research focus is aerobic exercise assessment and training for individuals in cancer survivorship. Dr. Drouin is widely published on this topic and has presented her research at national and international conferences. She currently serves as Coordinator for the development of an Oncology and Palliative Care Subgroup within the World

## Overview

The 2012 Oncology Rehabilitation Symposium will consist of lectures and laboratories designed to provide participants with information and skills related to clinical management of individuals living with, living through, or living beyond cancer. The presentations this year will include functional massage, oncology nutrition, and emotional support techniques. The Symposium will also include updates on program development, cardiopulmonary exercise training techniques, oncology research, and a networking and sharing session.

## Objectives

Throughout the stages of cancer survivorship, the participants will be able to:

- Describe and explain common oncology related soft tissue pathophysiology.
- Describe and explain functional massage techniques and methods .
- Evaluate evidence for functional massage and determine its applicability to soft tissue conditions.
- Effectively perform functional massage techniques to upper & lower quarter soft tissues.
- Explain and discuss evidence based emotional support mechanisms and identify resources that can be effectively incorporated into clinical practice.
- Explain and discuss evidence based nutrition for individuals in cancer survivorship and effectively address nutritional myths and misconceptions.
- Evaluate oncology research and practice updates related to program development and interventions.



## **Proposed Program Schedule**

### **Friday, August 24, 2012**

**12:00 p.m.—8:30 p.m.**

- Course Introduction
- Functional Massage Techniques Overview
- Upper Quarter Functional Massage Lab
- Networking Session
- Emotional Support Clinical Techniques

### **Saturday, August 25, 2012**

**8:00 a.m.— 1:30 p.m.**

- Oncology Nutrition
- Lower Quarter Functional Massage Lab
- Oncology Rehabilitation Updates
- Questions/Sharing Ideas/Wrap Up
- Course Evaluation

## **Presentations**

Lectures, demonstrations, laboratory practice sessions, and case study problem solving methods will be used to present information to attendees.

The lab session will be held at Oakland University and is open to the first 40 registrants.

## **Contact Information:**

Deborah Doherty at:

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Jacqueline S. Drouin at:

[drouin@oakland.edu](mailto:drouin@oakland.edu)