

REGISTRATION FORM

End of Life Care:

Issues of Living and Dying in Clinical Practice

A CSM 2010 Preconference Course Sponsored by the Oncology Section ,APTA

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CANCELLATION POLICY: Cancellation requests received on or before **January 29, 2010**, will be refunded in full. A 20% handling charge will be assessed for cancellation requests postmarked between **February 1, 2010**, and **February 10, 2010**. Refunds for no-shows or cancellations will not be issued after February 10, 2010. Cancellation requests must be made in writing.

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Oncology Section  Celebrate Life

End of Life Care: Issues of Living and Dying in Clinical Practice

Presented by:

Richard Briggs, PT, MA

Andréa Leiserowitz, PT, MPT, CLT

Karen Mueller, PT, PhD

*A Preconference Course at
APTA's 2010 Combined Sections
Meeting - San Diego, CA*

February 17, 2010

**REGISTER BY:
DECEMBER 23, 2009
TO RECEIVE THE EARLY BIRD RATE!**

SCHEDULE

7:00 - 7:30 am	Registration
8:00 - 8:15	Introduction
8:15 - 8:30	Being With Dying
8:30 - 9:00	How we Die: Physiology of Life's End
9:00 - 9:15	After Death Care - Rituals and Customs
9:15 - 9:45	Practice Patterns in Palliative Care and Hospice
9:45 - 10:00	Practice Development
10:00 - 10:15	BREAK
10:15 - 11:15	Pain and Symptom (Anxiety, Dyspnea) Management
11:15 - 12:00 pm	Age, Gender and Cultural Differences in Grief Work
12:00 - 1:00 pm	LUNCH (On Your Own)
1:00 - 1:45	Ethical Concerns
1:45 - 2:00	Final Gifts – Special Needs, Awareness and Communication of the Dying
2:00 - 2:45	Personal and Professional Grief Work
2:45 - 3:00	BREAK
3:00 - 3:15	A Year to Live - How to Live This Year as if it Were Your Last
3:15 - 3:45	Research Opportunities/Evidence Based Practice/Clinical Issues
3:45 - 4:15	End of Life Interview with Terminally Ill Person – Video and Discussion
4:15 - 4:45	Sharing Clinical Experiences
4:45 - 5:00	Q&A - Closing Remarks

COURSE DESCRIPTION

End of life issues present significant clinical and personal challenges when they arise in any setting: acute care, rehabilitation, outpatient, home health or hospice. Recognizing that a patient is living with a life limiting condition is significant in the way we approach care. This course will provide practitioners with the specialized knowledge and unique evidence based clinical tools to insure sensitive and appropriate care in a variety of settings to patients of any age. All aspects of the dying process from physical, psychosocial and spiritual perspectives will be explored using the most comprehensive care models, with opportunities for individual and small group reflection. Organizational, cultural and ethical issues will also be addressed. A panel of expert clinicians will review clinical cases, professional development and opportunities for personal growth from the ultimate life experience.

OBJECTIVES

Participants will be able to:

1. Identify signs and symptoms of terminal disease processes.
2. Problem-solve clinical issues of life limiting conditions.
3. Identify common syndromes and barriers to adequate pain relief at the end of life.
4. Discuss both pharmacological and non-pharmacological approaches to symptom control.
5. Differentiate 5 clinical practice patterns in palliative and hospice care.
6. Explain cultural differences in dying rituals and grief responses.
7. Identify normal pediatric response behaviors to death.
8. Demonstrate the integration of spiritual care during the end of life.
9. Discuss legal, ethical and physiologic concerns around palliative sedation, withdrawal of food and fluid, and assisted suicide.
10. Describe advanced directives and their related components (power of attorney, living will, do not resuscitate orders).
11. Identify healthy personal and professional coping skills useful while working with the terminally ill.

SPEAKERS

Richard Briggs, PT, MA - Chico, CA

Richard Briggs PT, MA has had a clinical practice specializing in palliative care and hospice for the past 24 years. He has presented on this and related topics at the Annual APTA Conference, Combined Sections Meetings, the National Hospice and Palliative Care Organization (NHPCO) Clinical Conferences, California Hospice Foundation Conferences, and is an adjunct faculty at California State University, Sacramento. His writing has been published in Rehabilitation Oncology, Home Health Section Quarterly, NHPCO Insights, Topics in Geriatric Rehabilitation, and Geriatric Physical Therapy. He currently chairs the APTA Hospice and Palliative Care SIG and serves on the NHPCO Allied Therapist Steering Committee.

Karen Mueller, PT, PhD - Flagstaff, AZ

Karen Mueller PT, PhD is professor of physical therapy in the program in physical therapy at Northern Arizona University where she has taught end of life content for the past 20 years. She has also been a hospice volunteer for 17 years, and a hospice physical therapist since 2000. Karen is the author of "Seasons of Loss: A guided experiential process for understanding the transitions of illness and end of life" (Slack Inc, 2006). She serves as Vice Chair of the APTA Hospice and Palliative Care SIG.

Andréa Leiserowitz, PT, MPT, CLT - Eugene, OR

Andréa Leiserowitz, PT, MPT, CLT, has specialized in full-spectrum oncology care for 13 years. She received clinical training in oncology rehab at the National Institutes of Health, worked as a staff PT at MD Anderson Cancer Center and opened the inpatient Seattle Cancer Care Alliance oncology rehabilitation program at the University of Washington in 2000. From 2003-2009, she established and managed the outpatient physical therapy department at the Seattle Cancer Care Alliance for pediatric and adult oncology patients. She is a certified lymphedema therapist, is an adjunct clinical faculty member at the University of Puget Sound Doctoral PT Program, and owns a private PT practice in Eugene, OR. She teaches death and dying as well as oncology rehabilitation to DPT programs, hospitals, clinics and physician medical conferences.